



Please Join Irvine Adult Day Health Services

## VIP CLUB

*Volunteers Improve Our Program!*

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**Our Mission:**

Irvine Adult Day Health Services, in partnership with families and the community, promotes an environment of health, dignity and well-being for seniors and disabled adults.

**Our Volunteers Help Us Make A Difference!**

Irvine Adult Day Health Services strives to be the best adult day services in Orange County. Together, our dedicated team of Volunteers and Staff has that special touch that makes a difference in our participants and families quality of life. Our Volunteers are the perfect compliment to the overall programs and services offered at Irvine Adult Day Health Services.

**Consider sharing Your Time, Expertise, and Compassion as a Member of our VIP Club!**

### Our Programs and Services

<p><b>Skilled Nursing Care and Health Monitoring:</b> Blood Pressure Management Medication Management Protective Supervision Well Balanced Breakfast, Lunch and Snack Special Diets Personal Care Health Education</p> <p><b>Social Services and Outreach Coordination:</b> Case Management Individual and Group Counseling Dakim BrainFitness® Computers Caregiver Support Groups Long-term Care Planning Community Education and Outreach</p>	<p><b>Rehabilitation Services:</b> Physical, Occupational and Speech Therapies Individual and Group Therapies Restorative and Maintenance Therapies</p> <p><b>Recreation Programs:</b> Daily Chair Exercise Brain Teasers, Trivia and Reminiscing Groups Memories in the Making® Art Program Crafts Gardening Cooking Classes Entertainment and Special Events Cultural Celebrations and Groups Current Events...and More!</p> <p><b>Accessible Door-to-Door Transportation</b></p>
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For more information about Volunteer Opportunities at Irvine Adult Day Health Services please contact our Activity Coordinator (949) 262.1123 or by email at [bblack@irvineadhs.org](mailto:bblack@irvineadhs.org) or stop by for a tour Mon.-Fri. 8 am to 4 pm. Visit our website at [www.irvineadhs.org](http://www.irvineadhs.org).



## Irvine Adult Day Health Services Volunteer Interest Form

Irvine Adult Day Health Services, mission, in partnership with families and the community, promotes an environment of health dignity, and well-being of seniors, disabled adults and caregivers.

We provide daily medical care, protective supervision, and a variety of therapeutic services to seniors and disabled adults. Our participants have Alzheimer's disease, Parkinson's disease, Stroke, Diabetes and/or other chronic conditions that affect their quality of life and independence. Coming to our adult day services program gives them an opportunity to engage in the community, socialize with peers and regain a sense of purpose.

*To enhance these services, the support of a strong volunteer team is essential.* Please indicate below your areas of interest. Thank you for supporting Irvine Adult Day Health Services.

### FUNDRAISING, SPECIAL EVENTS, AND MAILINGS

- Fundraising: event planning, helping acquire silent auction donations and/or basket wrapping
- Special Events
- Special Mailing

### NURSING AND THERAPY PROGRAM SUPPORT

- Meals: Breakfast, lunch or snack (assist with set-up, serving, cutting food, clean-up)  
Note: Assisting with feeding is staff assisted due to cognitive, swallowing or other medical concerns
- Assist participants logging into the Dakim BrainFitness® Computers and help keep them engaged
- Assist in the gym with simple exercises, laundry, cleaning equipment, motivating participants

### ACTIVITY PROGRAM SUPPORT

- Socializing and Friendly Visiting
- Arts & Crafts
- Memories in the Making® Art Class
- Music / Sing-A-Long / Entertainment / Piano
- Arm Chair Exercise
- Cards, Chess, Checkers, Bingo and other Table Games
- Language classes
- Flower Arranging or Gardening Classes
- Cooking Class
- Special Holidays and Events; and/or Facility Decorations
- Beauty: Painting Nails and Applying Hand Lotion

**OTHER:** I am interested in seeing if I can help in the following way(s):

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**Name (Print):** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
**Email:** \_\_\_\_\_

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